

# Weekly Dining Menu

## BREAKFAST

7am - 9am

## LUNCH

11am - 1pm

## DINNER

4:30pm - 6:30pm

### SA

Fried Cage Free Egg  
Hash Brown Potatoes  
Sausage Links  
Banana Yogurt Coffee  
Cake  
Spinach & Mushroom  
Bake

Vegetarian Split Pea  
Soup  
Cuban Mojo Pork  
Pretzel Crusted  
Flounder with Honey  
Mustard Glaze  
Mixed Vegetables  
Cilantro Rice  
Blueberry Cheesecake  
Bars

Vegetarian Split Pea  
Soup  
Meatballs with  
Marinara over Whole  
Wheat Pasta  
Grilled Chicken  
Caesar Salad  
Italian Cut Green  
Beans  
Garlic Bread  
Devil's Food Cake

### SU

Texas French Toast  
Turkey Bacon  
Western Scrambled  
Egg  
Chocolate Chip Muffin

Chunky Tomato Soup  
Meatloaf with Brown  
Gravy  
Citrus Herbed Pollock  
Sour Cream and Chive  
Mashed Potatoes  
Steamed Spinach  
Tropical Fruit Salad

Chunky Tomato  
Soup  
Pork Chop with  
Sauerkraut  
Grilled Cheese with  
Tomato  
Steamed Italian  
Vegetables  
Pear Cranberry  
Crumble

### M

Scrambled Egg  
Ham Steak  
Belgian Waffles  
Banana Chocolate  
Chip Muffin

Vegetable Orzo Soup  
Cajun Catfish with  
Remoulade Sauce  
Grilled Marinated  
Flank Steak  
Garlic Parmesan  
Brussel Sprouts  
Baked Potato  
Banana Cream Pie

Cream of Broccoli  
Soup  
Quiche Lorraine  
Herb Broiled  
Chicken  
Roasted Tomato  
with Parmesan  
Cheese  
Green Peas  
Snickerdoodle  
Cookie

### T

Whole Wheat Pancakes  
Bacon Slices  
Egg, Sausage &  
Cheese Burrito  
Apple Cinnamon  
Muffin

French Onion with  
Parmesan Crouton  
Beef and Pepper  
Stir Fry  
Grilled Shrimp  
Broccoli Florets  
Steamed Rice  
Mixed Berry Apple  
Crisp

French Onion with  
Parmesan Crouton  
Grilled Korean Pork  
Loin  
BBQ Pulled Chicken  
Sandwich  
Herb Roasted  
Zucchini  
Housemade Potato  
Chips  
Vanilla Ice Cream

### W

Fried Cage Free Egg  
Hash Brown Potatoes  
Turkey Sausage Patties  
Southwest Bagel Melt  
Coffee Cake

Minestrone  
Crispy Baked  
Chicken  
Mango Crusted  
Tilapia with  
Pineapple Salsa  
Roasted Sweet  
Potatoes  
French Beans  
Red Seedless  
Grapes

Minestrone  
Burger Bar  
Macaroni and  
Cheese  
Stewed Tomatoes  
Glazed Baby  
Carrots  
Triple Chocolate  
Fudge Bar

### TH

Maple Bacon Pancake  
Sausage Patty  
Sunrise Breakfast  
Casserole  
Classic Blueberry  
Muffin

Chicken Ditalini  
Soup  
Salisbury Steak with  
Mushroom Gravy  
Broiled Salmon  
Mashed Potatoes  
Garden Vegetable  
Medley  
Butter Sugar Cookie

Chicken Ditalini  
Soup  
Turkey ala King  
Carved Baked Ham  
Harvard Beets  
Basmati Rice  
Cinnamon Baked  
Apples

### F

Scrambled Egg  
Hash Brown Potatoes  
Blueberry Pancake  
Raisin Bran Muffin

New England Clam  
Chowder  
Smoked Ham and  
Potato Frittata  
Lemon Dill Haddock  
Broccoli and  
Cauliflower  
Sauteed Squash  
Medley  
Mandarin Orange  
Sections

New England Clam  
Chowder  
Turkey Meatloaf  
Eggplant Parmesan  
Angel Hair Pasta with  
Marinara  
Sauteed Garlic Greens  
Boston Cream Pie